

MEET Theresa Caputo

The path to mediumship was a difficult one for Theresa, as she suffered from anxiety for many years in her childhood. As she now reflects back, she realizes that the feelings of being different, of something missing and being fearful, were nothing more than not understanding the information that she was being bombarded with from spirit. The turning point in her life came after receiving a healing, which she describes as a “God detox on her body.” She started to feel the pain of others in the physical as she became a medical intuitive. Channeling information from spirit bloomed when she started to do “automatic writing,” where she simply put a pen to paper and let the deceased take over. Theresa describes the process of receiving information as “feeling” spirit. She sees shadows and hears voices, but the overwhelming process is the sensory feeling and presence of those wishing to get messages across.

Theresa successfully completed *Forever Family Foundation’s Medium Certification Program*, and often donates her time to the foundation and other not for profit organizations. Those who have been fortunate to witness her group readings will attest to her “rapid fire” style and the abundance of significant evidence and messages. In seven short years of practicing mediumship professionally, Theresa has earned quite an extensive following in the New York area. This can be attributed to her motivation of helping the greater good, reasonable fees, and her extraordinary gift of spirit communication. By Theresa’s own words, her ego has been kept in check by the knowledge that she is just like everyone else, “I can just connect.”