

ARTHUR HASTINGS, PHD
William James Center of Consciousness Studies
Institute of Transpersonal Psychology
BIOGRAPHY



Arthur Hastings is Research Director of the Institute and a former faculty Chair for the residential master's and doctoral programs, former Dean and President of the Institute, and a Past President of the Association for Transpersonal Psychology. He holds the rank of Professor, and is Director of the William James Center for Consciousness Studies. His areas of specialization are transpersonal theory, research methods, altered states of consciousness, and parapsychology.

Prior to his arrival at the Institute in 1975, Arthur taught at Stanford University, the University of Nevada, and the University of California at Santa Barbara. He is the author of *With the Tongues of Men and Angels: A Study of Channeling*, co-author of *Argumentation and Advocacy*, *Changing Images of Man*, and senior editor of *Health for the Whole Person*, an award winning book on holistic medicine. He has conducted research on bereavement, creativity, remote viewing and hypnosis.

His recent publications include articles on bereavement, transpersonal theory, scientists' resistance to belief, a diversity bibliography, and hypnosis and non-drug altered states. He is the book review editor for the *Journal of Transpersonal Psychology*.

Hastings and a student team have developed and are currently researching the psychomanteum mirror gazing process for bereavement feelings, creativity, and self awareness. Their study shows significant decreases in grief, sadness and other bereavement as a result of this experiential process. Findings have been published in *Omega*, a professional journal, and presented at scientific conferences. Hastings has received a \$100,000 grant to further the research. Participation in this project is now open to the ITP community and the public.

Arthur has had postdoctoral studies with M.H. Erickson (hypnosis), F.S. Perls (gestalt therapy), and Sogyal Rinpoche and Tarthang Tulku (Buddhism). He is also a semi-professional magician and has been known to do magic at ITP events and celebrations.

Information for the psychomanteum project will be found on the website:
www.psychomanteum.org.

Academic Background.

Ph.D., Communication, Northwestern University, 1962

M.A., Public address, Northwestern University, 1958

B.A., Speech and Drama, Tulane University, 1957. Phi Beta Kappa.